Pacific school health promotion futures - 2050

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Back to the future

Pacific peoples put the past in front of their mind and heart as a guide when they walk towards the future

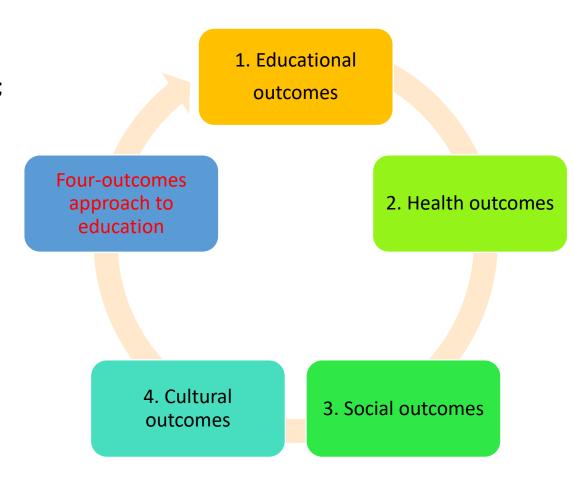
The health leaders of the Pacific envisioned Healthy Islands where:

- children are nurtured in body and mind;
- environments invite learning and leisure;
- people work and age with dignity;
- ecological balance is a source of pride; and the ocean which sustains us is protected
- Yanuca, Fiji, 1995.
- For thousand of years, we see humanity as one with its environment this is our concept of *fonua*, *whenua*, *fanua*, *vanua*, *'enua* et al



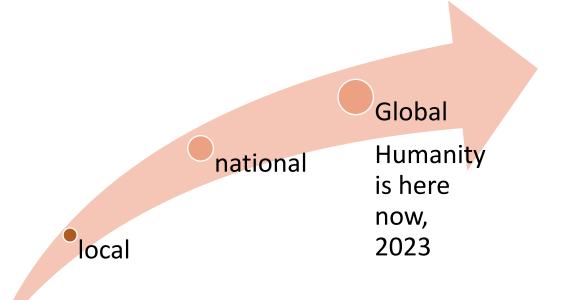
Health promotion school crucial to Moana (Pacific) wellbeing

- Our children, our future
- School a setting to promote 'physical, mental, social, spiritual and ecological wellbeing' (WHO; IUHPE)
- School a change agent, and part of a societal system that aims for holistic wellbeing
- School often focuses primarily on academic outcomes, but there are other goals that support the intellectual pursuit.
- Together, they complement each other, and ensure knowledgeable and wise, responsible citizens of the Moana, and our one human family, on our one common home, Planet Earth



"World faces complex and interrelated crises..."

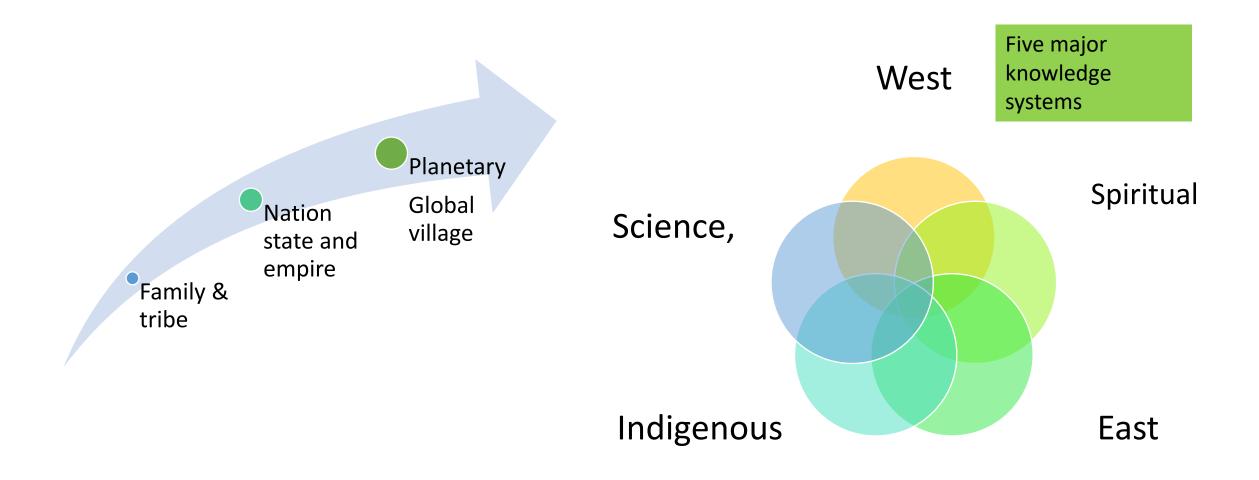
- The state of the planet is broken... Humanity is waging war on nature. This is suicidal...
- Making peace with nature is the defining task of the 21st century...In overcoming the pandemic, we can also avert climate cataclysm and restore our planet. This is an epic policy test. But ultimately this is a moral test. (A. Guterres, 02 Dec.2020)
- Four <u>human-induced</u> major global challenges of environmental calamities, economic crises, geo-political conflicts, and pandemics



From the local to the global: Our collective social evolution as humanity

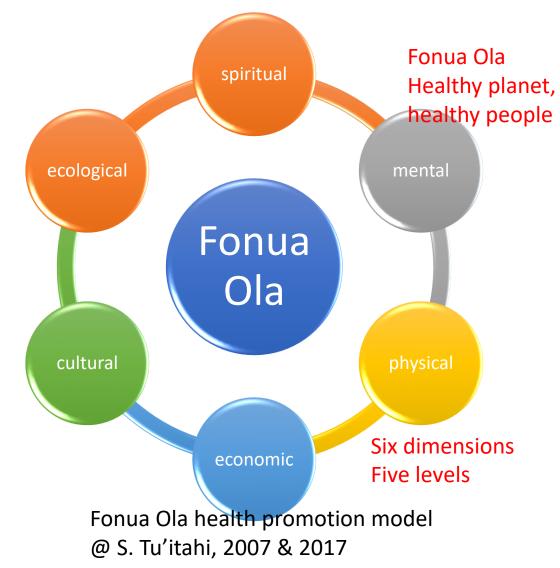
Our planetary home is burning. We must work together or perish together. The parts must collaborate for the wellbeing of the whole.

Indigenous knowledge on a planetary context



Elevate health promotion to planetary level in order to solve problems created at national level

- Elevate to one planet, one people...from autonomous parts to whole system -web of life
- Re-set our societal values and actions... from competition to cooperation, from conflict to peace, from the "I to the We"
- Expand our consciousness of wellbeing to include ecological and spiritual wellbeing
- Elevate our consciousness of wellbeing to include our being one with Mother Nature/Whenua/Fonua who owns us – knowledge was aligned with Nature's rhythm and cycle



For health promoting school 2050

- Elevate our consciousness to one world, one people, one health
- Re-set our values
- Learn from the best of all world knowledge systems, including Indigenous
- Align our technology, economy and social life with the rhythm of the sustainable life cycle of Mother Nature/Fonua
- Regard our schools as a change agent for systemic, structural and cultural transformation for a better village, nation, and world
- And start today

- References/ Further readings
- Waiora Statement <u>https://www.iuhpe.org/images/CONF</u> <u>ERENCES/world/2019/Indigenous People statement final.pdf</u>
- Geneva Charter for Well-being <u>https://www.who.int/publications/m/item/the-geneva-charter-for-well-being</u>

You are a creation of Mother Nature, no less than the sea and the sun
You were created to be here, with a destiny to appreciate and love humanity, and reflect the love of your Creator

Ko e tama koe 'a e Fonuá
Tatau mo e moaná mo e la'á
Ne fakatupu mo e taumu'á
Ke 'ofa ho fa'ahingá
Ko e huelo e 'ofa
Ho Tupu'angá

(©Sione Tu'itahi: Inspired by our walking conversations with Mother Nature at Muriwai Beach, November 6, 2021)

Mālō 'aupito! Kia Ora! Thank you! Merci!

Mother Nature's Love

Enjoy my beauty
Take only the memories
Leave your love only

(A haiku inspired by our healthy walk on Muriwai Beach, Auckland, Aotearoa, New Zealand, November 6, 2021. Sione Tu'itahi)